



***Happy Holiday Season to You All,  
From Linda Kay Marchena***

Tuesday, December 21<sup>st</sup> was the Winter Solstice (Yule) the shortest day of the year. On the 20th and 21st of December we had a Lunar Eclipse, the Ursids Meteor Showers and a Full Moon. We are coming to the close of one year and the beginning of a New Year (2011). This is a time to evaluate what we did this past year, and it is time to set the goals we will achieve for next year (2011).

Wishing you all a very joyous and safe Holiday Season. May 2011 bring us all peace, love, joy, good health, good friends, prosperity, fun and laughter.

Wishing the very best to all,  
Linda Kay Marchena

***The Year 2011 and How to Use the Energy of the Year by Numerology  
(Personal Year, Personal Month, And Personal Day)  
By Linda Kay Marchena***

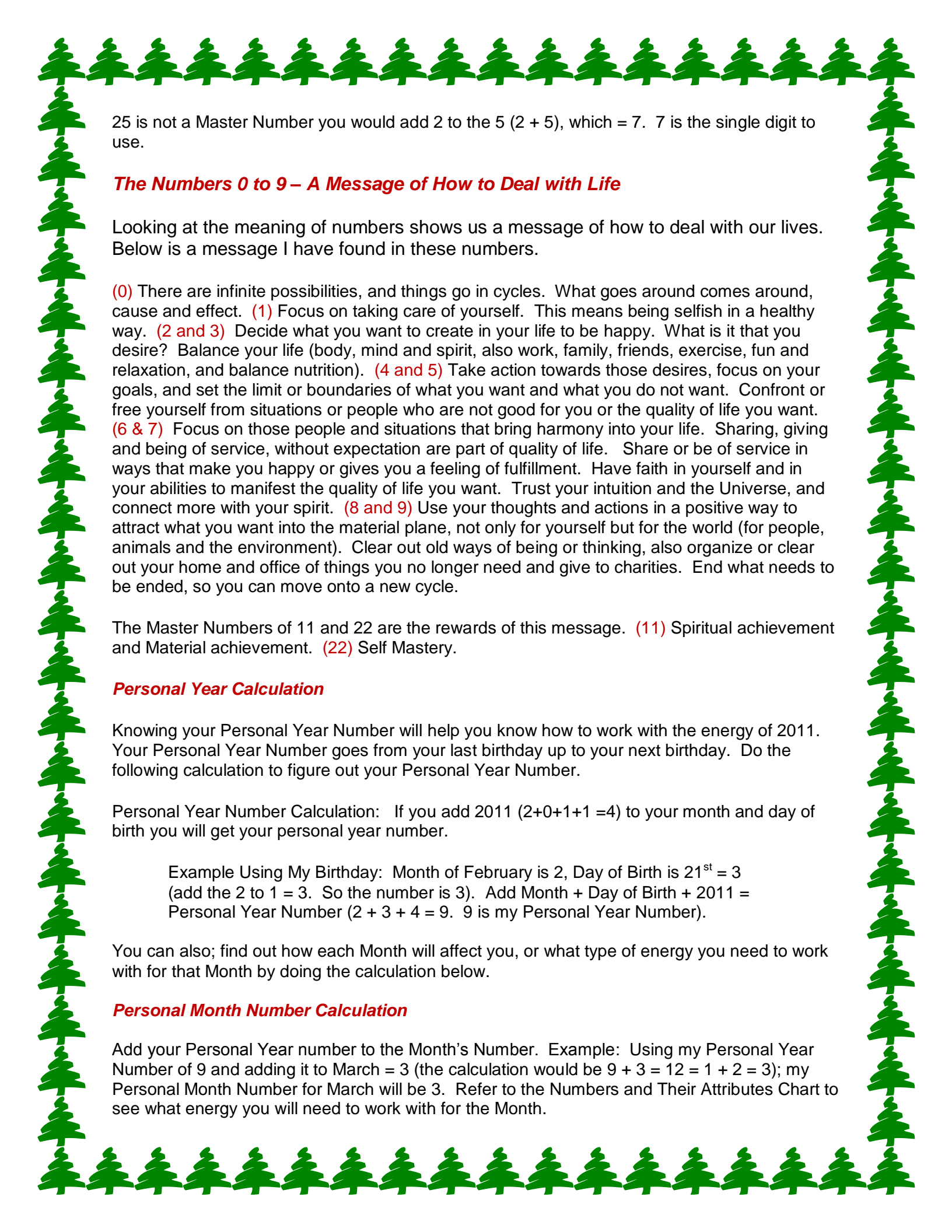
2011 is a year that adds up to 4. The 4 with the 2 and 1's in 2011 tell a story of what type of energy we need to work with for that year. It will be important for all of us to make our decision based on what we want to achieve in 2011, and then keep our focus on those goals. The more we focus on what we want to accomplish or create and take the steps or action towards those goals, then the more likely we are to achieve them.

If obstacles or problems arise, ask yourself how can I make this situation work for me? What do I need to do to make this situation work for me? What can I do right now to keep me going in the direction I want? The more you use these questions to make decisions and take action, then the more likely you are able to find solutions or make progress to your goals. Stay away from focusing on negative thoughts about the problem, as that could drain your energy, and may cause you to feel stuck in the situation.

If you catch yourself thinking negatively about a situation, mentally say I cancel that out, then replace the negative thought with a thought of you accomplishing your goals or just see yourself feeling fulfilled and happy.

To find out more about how 2011 will affect you personally, first read **Personal Year Calculations** then read **Numbers and Their Attributes**. Next you will find the calculations for Your Personal Month, which will tell you how to deal not only with the year's energy but also about a particular month's energy. Then there is the calculation for Your Personal Day within a Month. This will tell you the energy to work with on that a Day, within that particular Month and within that particular Year. After the calculations area there is a description of each number and their attributes, which is referred to for the Personal Year Number, Personal Month Number and Personal Day Number.

**Note:** When doing the calculations remember to bring double digits down to a single digit by adding them together. Example 24 would be added as  $2 + 4 = 6$ . 6 would be the single digit you would use. The only time you use a double digit in the calculation is if it is a Master Number such as 11 or 22. Example: Birthday of March 22 the calculation would be  $3 + 22 = 25$ . Since



25 is not a Master Number you would add 2 to the 5 ( $2 + 5$ ), which = 7. 7 is the single digit to use.

### ***The Numbers 0 to 9 – A Message of How to Deal with Life***

Looking at the meaning of numbers shows us a message of how to deal with our lives. Below is a message I have found in these numbers.

(0) There are infinite possibilities, and things go in cycles. What goes around comes around, cause and effect. (1) Focus on taking care of yourself. This means being selfish in a healthy way. (2 and 3) Decide what you want to create in your life to be happy. What is it that you desire? Balance your life (body, mind and spirit, also work, family, friends, exercise, fun and relaxation, and balance nutrition). (4 and 5) Take action towards those desires, focus on your goals, and set the limit or boundaries of what you want and what you do not want. Confront or free yourself from situations or people who are not good for you or the quality of life you want. (6 & 7) Focus on those people and situations that bring harmony into your life. Sharing, giving and being of service, without expectation are part of quality of life. Share or be of service in ways that make you happy or gives you a feeling of fulfillment. Have faith in yourself and in your abilities to manifest the quality of life you want. Trust your intuition and the Universe, and connect more with your spirit. (8 and 9) Use your thoughts and actions in a positive way to attract what you want into the material plane, not only for yourself but for the world (for people, animals and the environment). Clear out old ways of being or thinking, also organize or clear out your home and office of things you no longer need and give to charities. End what needs to be ended, so you can move onto a new cycle.

The Master Numbers of 11 and 22 are the rewards of this message. (11) Spiritual achievement and Material achievement. (22) Self Mastery.

### ***Personal Year Calculation***

Knowing your Personal Year Number will help you know how to work with the energy of 2011. Your Personal Year Number goes from your last birthday up to your next birthday. Do the following calculation to figure out your Personal Year Number.

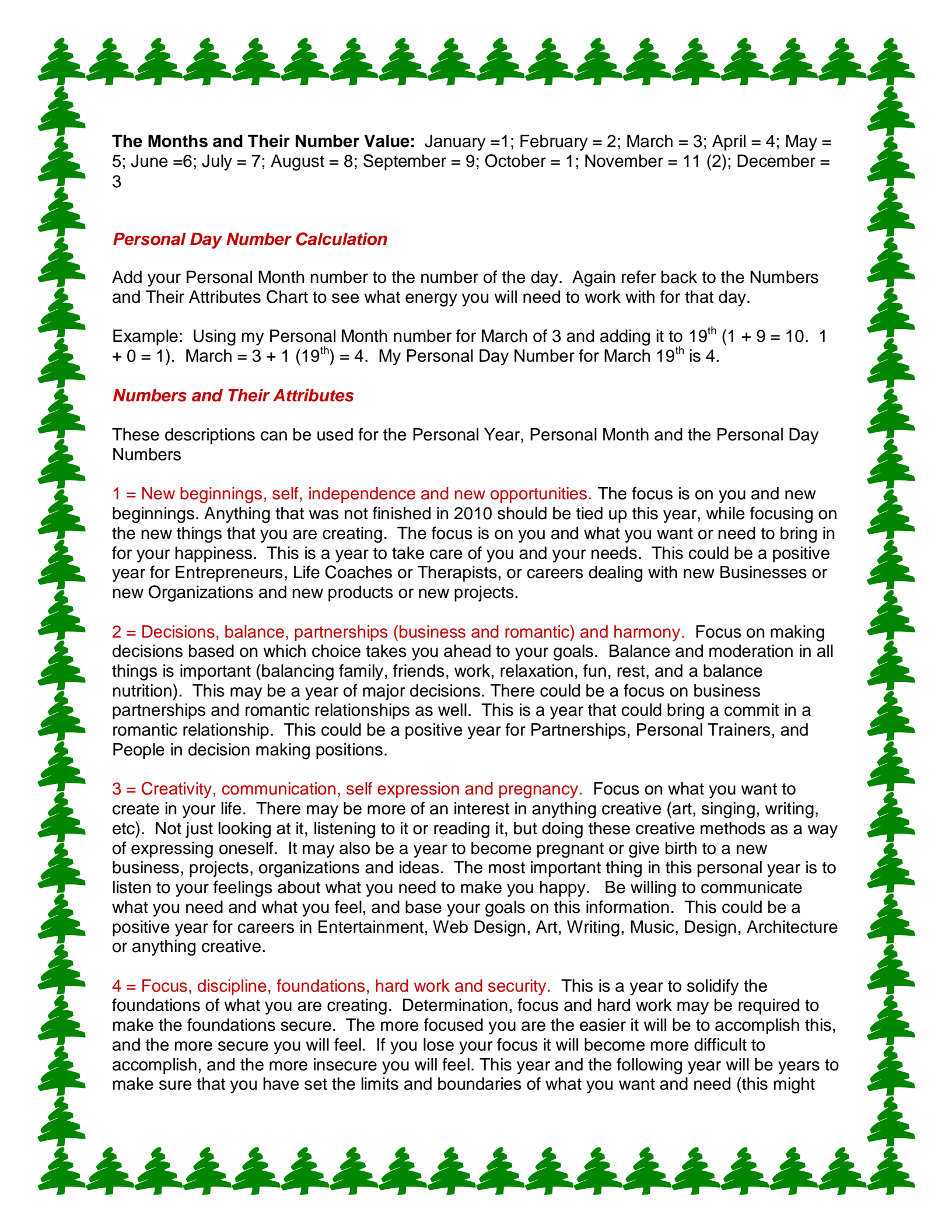
Personal Year Number Calculation: If you add 2011 ( $2+0+1+1 = 4$ ) to your month and day of birth you will get your personal year number.

Example Using My Birthday: Month of February is 2, Day of Birth is 21<sup>st</sup> = 3 (add the 2 to 1 = 3. So the number is 3). Add Month + Day of Birth + 2011 = Personal Year Number ( $2 + 3 + 4 = 9$ . 9 is my Personal Year Number).

You can also; find out how each Month will affect you, or what type of energy you need to work with for that Month by doing the calculation below.

### ***Personal Month Number Calculation***

Add your Personal Year number to the Month's Number. Example: Using my Personal Year Number of 9 and adding it to March = 3 (the calculation would be  $9 + 3 = 12 = 1 + 2 = 3$ ); my Personal Month Number for March will be 3. Refer to the Numbers and Their Attributes Chart to see what energy you will need to work with for the Month.



**The Months and Their Number Value:** January = 1; February = 2; March = 3; April = 4; May = 5; June = 6; July = 7; August = 8; September = 9; October = 1; November = 11 (2); December = 3

### ***Personal Day Number Calculation***

Add your Personal Month number to the number of the day. Again refer back to the Numbers and Their Attributes Chart to see what energy you will need to work with for that day.

Example: Using my Personal Month number for March of 3 and adding it to 19<sup>th</sup> ( $1 + 9 = 10$ .  $1 + 0 = 1$ ).  $March = 3 + 1 (19^{th}) = 4$ . My Personal Day Number for March 19<sup>th</sup> is 4.

### ***Numbers and Their Attributes***


These descriptions can be used for the Personal Year, Personal Month and the Personal Day Numbers

**1 = New beginnings, self, independence and new opportunities.** The focus is on you and new beginnings. Anything that was not finished in 2010 should be tied up this year, while focusing on the new things that you are creating. The focus is on you and what you want or need to bring in for your happiness. This is a year to take care of you and your needs. This could be a positive year for Entrepreneurs, Life Coaches or Therapists, or careers dealing with new Businesses or new Organizations and new products or new projects.

**2 = Decisions, balance, partnerships (business and romantic) and harmony.** Focus on making decisions based on which choice takes you ahead to your goals. Balance and moderation in all things is important (balancing family, friends, work, relaxation, fun, rest, and a balance nutrition). This may be a year of major decisions. There could be a focus on business partnerships and romantic relationships as well. This is a year that could bring a commit in a romantic relationship. This could be a positive year for Partnerships, Personal Trainers, and People in decision making positions.

**3 = Creativity, communication, self expression and pregnancy.** Focus on what you want to create in your life. There may be more of an interest in anything creative (art, singing, writing, etc). Not just looking at it, listening to it or reading it, but doing these creative methods as a way of expressing oneself. It may also be a year to become pregnant or give birth to a new business, projects, organizations and ideas. The most important thing in this personal year is to listen to your feelings about what you need to make you happy. Be willing to communicate what you need and what you feel, and base your goals on this information. This could be a positive year for careers in Entertainment, Web Design, Art, Writing, Music, Design, Architecture or anything creative.

**4 = Focus, discipline, foundations, hard work and security.** This is a year to solidify the foundations of what you are creating. Determination, focus and hard work may be required to make the foundations secure. The more focused you are the easier it will be to accomplish this, and the more secure you will feel. If you lose your focus it will become more difficult to accomplish, and the more insecure you will feel. This year and the following year will be years to make sure that you have set the limits and boundaries of what you want and need (this might



include contracts) with situations and people. This could be positive year for careers in Finance, Insurance, Security and Research.

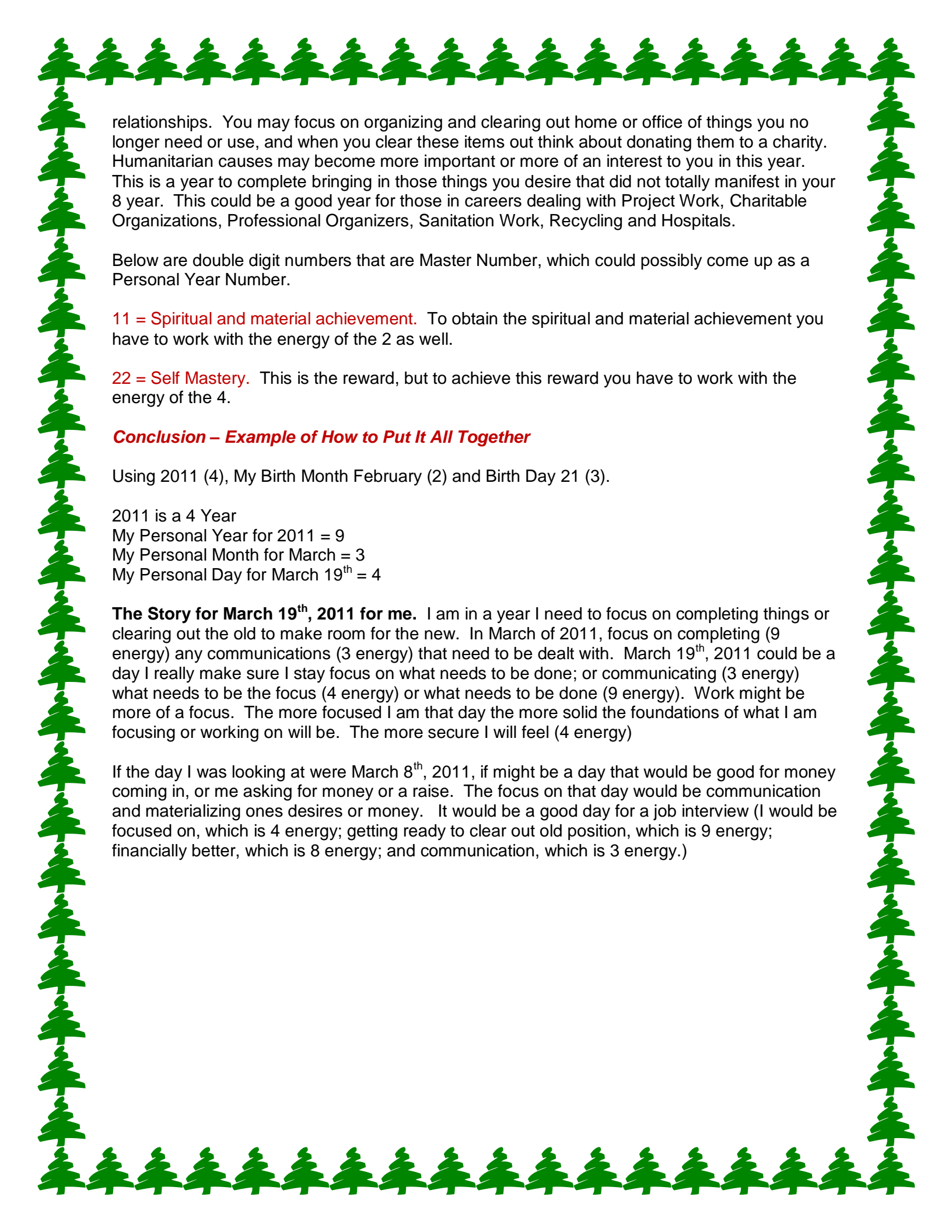
**5 = Flexibility, chaos or change, confrontation, legal, travel and freedom.** This is a year to confront situations and people (possibly by legal methods), in order to be free from them so that you can create the changes you want or need to create the quality of life you want. As you try to make these changes you need to be flexible about how you go about achieving the end results of your goals. This might be a year where there is a bit of travel or dealings with distant places. If you do not work with this energy you might feel more stifled, limited, frustrated and your life may seem more chaotic. This could be a positive year for careers in Law, Politics, Leadership positions, Military, Government, Science and Travel.

**6 = Quality of life, service, friends and family, love relationships, music and harmony.** This year and next the focus will be more on quality of life and creating more harmony in your life. Family and friends may be more important this year. There could be a commitment in a romantic relationship. Focus on creating harmony, and put less attention on those people or things that create chaos or disharmony, or if you didn't confront them in your 4 or 5 year then do so now so they no longer create that chaos or disharmony in your life. You might become more interested in music. This could be a positive year for careers in Music, Service, Healing, Environment, Green Living, Social Workers, Teachers, Life Coaches and Therapist.

**7 = Quality of life, faith, protection, learning, teaching, spiritual, intuition (psychic) and music.** This is a year about faith. Faith in yourself and in your ability to manifest what you want in your life. Worry or doubt is the opposite of faith. When you catch yourself worrying or doubting, mentally say that you are cancelling that worry out, and replace it with either happy thoughts or a thought of you already succeeding with your goals and the quality of life you want. There could be a strengthening of your Spiritual Life and in your Intuition. Music may be important as career, hobby or relaxation. Teaching or learning maybe important this year. This could be a positive year for those in careers dealing with Ministry, Spiritual, Intuition (Psychics), Music, Environment, Teaching, Healing, Holistic and Energy Healers.

**8 = Material world, mental magic (positive thinking), manifesting thing in the material world, including success and money.** This can either be very good to attract more financial security, or it can be the direct opposite, depending on how you use the 8 energy. An 8 year can manifest all that you have been working for in the prior years. By knowing what you want, having a desire for what you want, taking the action to create what you want, being focus on what you want, making the necessary changes and having the faith that you have the ability to create what you want will help you to materialize it in your 8 or 9 year. It is very important in this year to watch your thoughts. If you place your thoughts on worry, frustration, fear or doubts you may create an energy that works against you. If you place your thoughts on the good things in your life, on happy thoughts, belief in yourself and belief in your ability to manifest what you want, you will create an energy that attracts positive things into your life. It doesn't mean there won't be obstacles, but when these obstacles come up you focus on what you need to do to make those obstacles work for you or put you on the right track. Remember every step that appears as failure is really a step towards success. This could be a positive for careers in Finance, Banking, Real Estate, Sales of products, Magicians,

**9 = Completion, organization, humanitarian, endings and clearing out those things that are no longer needed.** This is a year that symbolically represents clearing out the old to make room for the new things coming into your life, with the new 1 cycle that will begin with your next birthday. You may see people or work leaving your life. There could be breakups in friendships and



relationships. You may focus on organizing and clearing out home or office of things you no longer need or use, and when you clear these items out think about donating them to a charity. Humanitarian causes may become more important or more of an interest to you in this year. This is a year to complete bringing in those things you desire that did not totally manifest in your 8 year. This could be a good year for those in careers dealing with Project Work, Charitable Organizations, Professional Organizers, Sanitation Work, Recycling and Hospitals.

Below are double digit numbers that are Master Number, which could possibly come up as a Personal Year Number.

**11 = Spiritual and material achievement.** To obtain the spiritual and material achievement you have to work with the energy of the 2 as well.

**22 = Self Mastery.** This is the reward, but to achieve this reward you have to work with the energy of the 4.

### ***Conclusion – Example of How to Put It All Together***

Using 2011 (4), My Birth Month February (2) and Birth Day 21 (3).

2011 is a 4 Year

My Personal Year for 2011 = 9

My Personal Month for March = 3

My Personal Day for March 19<sup>th</sup> = 4

**The Story for March 19<sup>th</sup>, 2011 for me.** I am in a year I need to focus on completing things or clearing out the old to make room for the new. In March of 2011, focus on completing (9 energy) any communications (3 energy) that need to be dealt with. March 19<sup>th</sup>, 2011 could be a day I really make sure I stay focus on what needs to be done; or communicating (3 energy) what needs to be the focus (4 energy) or what needs to be done (9 energy). Work might be more of a focus. The more focused I am that day the more solid the foundations of what I am focusing or working on will be. The more secure I will feel (4 energy)

If the day I was looking at were March 8<sup>th</sup>, 2011, it might be a day that would be good for money coming in, or me asking for money or a raise. The focus on that day would be communication and materializing ones desires or money. It would be a good day for a job interview (I would be focused on, which is 4 energy; getting ready to clear out old position, which is 9 energy; financially better, which is 8 energy; and communication, which is 3 energy.)