



**An Inspiring Butterflies Retreat:
Loving Self, Others and Spirit - A Perfect Balance
 May 19-23, 2010**



*Ginny Zaboronek and Marge Richards are your guides.
 From the moment you arrive, you will enjoy the experience of
 no decisions, no worries—simply being in the moment*

Using our original Inspiring Butterflies healing methods:
 Discover the importance of balance in all relationships
 Find out how unconditional love is at the root of all healthy exchanges
 Learn how the energies of the Chakras play a role in this balance

This is your time to nourish your soul. Register NOW!

Tuition of \$1,199 includes:

- Hotel for 4 nights—private room, bath, continental breakfast
- Sample NM's finest foods at lunch and dinner
- Each morning and evening includes inspirational readings, chakra work using Inspiring Butterfly cards, music, and meditation

Day Activities include:

- The Georgia O'Keefe Museum and a hike at her Ghost Ranch
- A day trip to Ojo Caliente—soak in the mineral springs, hike the ancient pueblo site, or enjoy an optional spa treatment
- A walking tour of Old Santa Fe—some free time to visit galleries or shop
- El Santuario de Chimayo Shrine—release old patterns and set intention



Testimonial from the Fall 2009 Santa Fe Retreat:

"The balance was just right between the tourist visits, which mostly had a spiritual element, and the group meditations and exercises. My favorite memory is throwing my "useless negative emotions" from the bridge into the Rio Grande River! I was very serious about the exercise, but felt joyful as I did it. The symbolism was very powerful and stays with me. When I feel negativity trying to creep back, I think of that exercise and just want to stand up straight and shake the weight from my shoulders. Thank you for the intense moments, the wonderful conversations with a super group of women, and the laughter." F. Salese