



Attract Money with this Fun and Easy Exercise

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Attracting money with the Law of Attraction is easier than most people believe. In fact, it's so easy that many of us end up complicating it to such a degree that it seems harder! Today I'm going to help you get back to basics by focusing on the most important element of attracting money and abundance: **YOUR FEELINGS.**

Before you begin this exercise, it's very important that you be relaxed. I mean VERY relaxed. Why? Because you cannot attract abundance from a state of tension, frustration or anger. Feeling negative in any way will block your abundance from arriving, plain and simple.

For this exercise you will want to set aside a minimum of 20 minutes and find a quiet place where you won't be disturbed. Sit quietly in this place and close your eyes. Take some slow, deep breaths and imagine that you can feel tension and stress flowing out of your body with every exhale. Set aside scattered thoughts and tune in to your body as you focus on relaxing every set of muscles from the top of your head down to your feet. Ideally you want to spend a minimum of 10 minutes just on the relaxation portion of the exercise.

Tuning Into Abundance

Once you feel completely relaxed and calm, imagine what it would feel like to have a lot of money. However, I don't want you to visualize in the "traditional" way for this exercise.

Rather than projecting your mind into a future time and seeing yourself living in that future reality where you have plenty of money, instead focus on what it feels like to have a lot of money **RIGHT HERE, RIGHT NOW** in your present reality. Imagine that you can **FEEL** this large sum of money here, in your life right now, and you now see your current circumstances in a totally different way.

You now have plenty of money to pay your bills in full and on time. You now have plenty of money to buy the vehicles you want, live wherever you want, support worthwhile causes, start your own business - whatever financial goals you have, imagine that they are all within your grasp **RIGHT NOW.**

Focus on how **GOOD** that feels! Really get into the feeling of having everything you need; that there is no shortage, no lack, no struggle when it comes to money. Enjoy knowing that you never have to worry about money again.

Stay with these wonderful feelings of freedom and peace for as long as you can, ideally 10 minutes or more. If you've never done an exercise like this before, it may take several minutes to really tune into the feelings fully, or you may find that you can tune into them fairly quickly but they slip away easily and you have to start over to capture them again. That's okay! Be patient, keep working at it and it will get easier.

What to Expect

The first thing you'll probably notice after completing this exercise is that you feel **GREAT!** Physically and emotionally you'll feel very light, calm and happy. Challenges will seem less intimidating and you'll feel hopeful and optimistic about your future.

In my experience this is one of **THE** most powerful and effective ways to attract money and other forms of abundance, and it usually works **FAST** - sometimes almost immediately. In some cases it can take longer, especially if you've been struggling with lack for a long time. Also note that the results will often be modest to begin with but if you keep up with the exercise daily you should see your results beginning to grow bigger over time.

If you had a powerful tool that **ALWAYS** worked to bring more money into your life, would you use it? You **DO** have this tool! Hop over to **Open to Prosperity** right now to learn more about using the Law of Attraction to attract money, win the lottery and other neat stuff! www.opentoprosperty.com